

# S P R O T A R Y C L U B

"SERVICE ABOVE SELF"

*Award Winning Internationally Read Bulletin of the Carnegie Rotary Club* Editor: John T. Mendenhall, Jr.

Celebrating 85 years of "Service Above Self" on February 14, 2009

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## Pittsburgh West Relay For Life at Carlynton HS

The Carnegie-Collier Rotary Club will be participating in the Pittsburgh West Relay for Life up at the Carlynton High School track from 12 Noon Saturday, May 30<sup>th</sup> to 8 AM Sunday, May 31<sup>st</sup>. We have been a sponsor of this worthwhile Community Event ever since it was started 6 years ago and have our logo/name on the T-shirts that all participants receive! We additionally have a banner at the event and are mentioned as a sponsor in the event program. We also have a Team that actually participates in the 20 hour Relay. Today, Team **Captain John Mendenhall** is requesting volunteer to sign up for the Team! Please see him next week if you wish to sign up to participate as a Team Member. Rotary is also looking for donations to the Relay. We are requesting that all members give a minimum of \$30 donation to the American Cancer Society. You can either give **John** a check made out to the American Cancer Society or you can have him bill you through your Lunch Fund (just tell him the amount to bill you!). An additional way to donate to the American Cancer Society and to honor the memory of a family member or friend who lost their battle to cancer or to recognize a family or friend to survived cancer to purchase a Luminaria. For a donation of \$10, you can dedicate a Luminaria to whomever. All the Luminaria will be placed around the track at the high school and at 9 PM on Saturday, May 30<sup>th</sup> there will be a special ceremony and all the Luminaria will be lit. They continue to burn through the night and are quite impressive for those of us who are up there for the evening/overnight shifts! Luminaria Forms may be gotten from our Captain (the Luminaria donation does not count towards our Team Donation total). We will have a "Camp site" up at the track (thanks to **Gordon Giffin**) and **Marci** and **Sue** will be in charge of decorating it. If you have not seen a Relay for Life but do not have the time to walk, you are certainly welcome to come up to the high school and visit the Rotary Tent and take in the atmosphere of a Relay! And if you are a night owl you can come up in the middle of the night and see what is going on! The Carlynton Interact Club is also sponsoring a team and raising money. It will be nice to connect with them at the Relay.

Our Program today was past President **Frank Verri, D.C.** who gave us a presentation on stress. With 3 types, emotional, chemical, and physical, we have lots of things that can bring on stress and plenty of effects of stress on our bodies and our health. After the PowerPoint presentation stopped working, **Frank's** stress levels went up but he handled it well. I'm not so sure some of the remarks for some friends (?) in the audience weren't more stressful than the presentation not working. Thanks for the information and good to see you. Hopefully we will see you at meetings on a more regular basis!

### Announcements:

#### GSE Team Arrives May 2<sup>nd</sup>, 2009

The GSE Team from Norway will be arriving in Pittsburgh Saturday, May 2, 2009. They will be met at the airport and taken to the Best

Western Hotel in Greentree, for an overnight stay. There are two women and three men, one gentleman being the team leader, who will be staying with Ed and Sandy Grimes. We are looking for host families for the four team members, two women and two men for the period of Sunday, May 3<sup>rd</sup> through Wednesday, May 6<sup>th</sup>. The following is a brief synopsis of how the week might go: Sunday, May 3<sup>rd</sup>, pick up at the Best Western around 2:00 p.m. and take team member to your home. You would provide dinner. Monday, May 4<sup>th</sup>, you would provide breakfast of some type and then drop off your guest at the Best Western at 8:30 a.m. You would return to pick them up around 5:00 p.m., take them back to your home and provide dinner. **From 8:00 p.m. until 10:00 p.m. there will be an informal welcome reception at Wright's in Heidelberg.** It will be a cash bar and no food provided. (So you could actually have dinner there prior to the reception if you didn't want to eat at home.) Tuesday, breakfast at home and then drop off at Best Western at 8:30 a.m. and pick up 5:00 p.m. Tuesday night there is a tentative ballgame scheduled so you could either go to the game or drop off at a designated location for transportation to the game. You would also



March: Rotary Magazine Month



President David Brosky

**RI, 2008-2009 Theme**

need to pick up your guest after the game. Wednesday, breakfast and then drop off at Best Western at 8:30 a.m. and pick up at 5:00 p.m. Wednesday night you would provide dinner and have an evening with your guest on your own. Thursday, drop off at Best Western at 8:30 a.m. as the team will move on to the Monroeville Area. The schedule is still tentative but you can see that except for Sunday and Wednesday evenings the team members are pretty much occupied. The team will return to our Club on **Thursday, May 21<sup>st</sup> for a Farewell Luncheon** so please plan to attend the meeting that day.

The Carnegie-Collier Rotary will sponsor a two hour meal packing event to support the Greater Pittsburgh Community Food Bank. On the morning of Saturday, June 13<sup>th</sup> at the Chartiers Valley High School cafeteria Rotarians, students, church groups, scouts, and local volunteers will be supporting the two shifts needed for this assembly line packaging of the nutritional, fortified dried chicken flavored rice casseroles that will be given to area banks free of charge. Six meals are assembled in each bag and bags are then boxed. Come join the fun with jobs for all ages. "The Meal Fights Hunger" campaign relies on the generosity of donors. All money raised is used to package the meals at a cost of approximately \$0.12 per meal. Volunteers are asked to donate \$25.00. Over 150 volunteers are needed per shift: 9-11 and 11:30 to 1:30 and approximately 100,000 meals will be packed that day. Local food banks report a 30% increase in requests so your help is vital. For more information contact Cindi Hewitt at 412-249-8190 or [cpr454@aol.com](mailto:cpr454@aol.com)

**Visiting Rotarians:**

None

**Guests:**

Jack Petkovich with Marci Petkovich

**You Were Missed:**

Jack Abriola, George Adams, Mark Brilmyer, Ray Dodd, Eileen Dombrowski, Gordon Giffin, Jeremy Guthrie, Diane Heburn, Curt Henry, Lou Holzer, Diane Karcz, Ed LaBruna, Ray Losego, Bob Schuler, Jeff Tindall, Ollie Weiss, Dan Westphal, & Larry Wind

**PLEASE BRING IN THOSE MAKE UPS!!!**

**Make-Ups:**

None

**Birthdays in April:**

- Ray Dodd – 4/1/38 (71 years old)
- Frank Verri – 4/16/71 (38 years old)
- Ollie Weiss – 4/21/64 (45 years old)
- Patty John – 4/23/60 (49 years old)
- Fred Jackson – 4/23/25 (84 years old)
- Rick Iorio – 4/28/53 (56 years old)
- Adrian Van Balen – 4/30/29 (80 years old)

**Rotary Anniversary in April:**

- Mary Ann Paff – 4/2/02 (7 years)
- Jack Abriola – 4/5/94 (14 years)
- Ted Katz – 4/6/04 (5 years)

**Wedding Anniversary in April:**

- Kay & Gerry Downey-Clark – 4/13/91 (19 years)
- Rick & Mary Iorio – 4/22/78 (31 years)
- Patty John & Bob Datig – 3/31/00 (9 years)

**Future Greeters -**

- May 7 – Downey-Clark, Van Balen
- May 14 – Downey-Clark, Weiss
- May 21 – Downey-Clark, Westphal
- May 28 - Downey-Clark, White

**The 50-50 Raffle:**

**WEEK 33: Cindi Hewitt won and pulled a TWO winning \$5.00 (She donated it back to the Club). The Kitty got \$16.00. The Pot is \$576.00 with 12 cards left plus the Joker!**

**GREETERS (& 50/50 Ticket Sellers)**

**NEXT MEETING:**

- Kay Downey-Clark
- Adrian Van Balen

**Calendar of Events -**

- May 14-17, 2009 – District Conference, Erie Area
- May 30-31, 2009 – Relay For Life, Carlynton High School
- June 13 – "The Meal" Packing event, CV High School
- June 21-24, 2009 – RI Convention, Birmingham, England
- June 24 – President's Dinner, The Club at Nevillewood

**Future Programs -**

- May 7 – Pitt Women's Basketball Speaker
- May 14 – Club Assembly

One of our two newest members was inducted into our Club today. Kay Downey-Clarke, retired Technology



Transfer Manager and current Collier Township Commissioner was given her Rotary pin, her official Badge, and the two plaques with the Objects of Rotary and the Four Way Test on them. Kay's sponsor is Cindi Hewitt who was in attendance. Please look for Kay to be a greeter for the next few weeks and be sure to welcome her to the Club!